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UCLA Quick Facts

Location	J.D. Morgan Center
	325 Westwood Plaza
	Los Angeles, CA 90095
Athletics Phone	(310) 825-8699
Ticket Office	(310) UCLA-WIN
Chancellor	Dr. Albert Carnesale
Director of Athletics	Dan Guerrero
Associate AD	Ken Weiner
Faculty Athletic Rep	Donald Morrison
Home Pools	Men's Gym Pool
	Sunset Recreation Center
Enrollment	36,890
Founded	1919
Colors	Blue & Gold
Nickname	Bruins
Conference	Pacific-10
Conference Office	(925) 932-4411
National Affiliation	NCAA Division I

WOMEN'S SWIMMING & DIVING INFORMATION

Head Coach	Cyndi Gallagher
(Alma Mater)	(UCLA '83)
Gallagher's Phone	(310) 206-6784
Record at UCLA (Years)	106-52-1 (17th)
Career Record (Years)	Same
Head Diving Coach	Tom Stebbins
(Alma Mater)	(Yale '96)
Stebbins' Phone	(310) 206-1969
Assistant Coach	Erika Hansen
(Alma Mater)	(Texas '92)
Trainer	Mark Schoen
Massage Therapist	Dr. Brian Campbell

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	Stephanie Sampson
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CREDITS

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2005-06 Swim & Dive Team



2005-06 Captains (l-r): Liz Keating, Amanda Blong, Eileen Seissen



The Coaching Staff (l-r): Kirill Fayerman, Erika Hansen, Tom Stebbins, Cyndi Gallagher and Brian Campbell



2005-06 Dive Team (l-r) - (kneeling): Brittany Renfrow, Sara Clark and Brittany Hill; (standing): Tess Schofield, Gina Nuti, Amanda Blong, Marisa Samaniego and Paige Thompson

SWIMMERS

Name	Yr.	Ht.	Events	Hometown (High School)
Katie Arnold	Jr.	5-11	Back/Sprint Free	Moraga, CA (Campolindo)
Ellen Brooks	Fr.	5-9	Distance Free	Baltimore, MD (Bryn Mawr)
Kendall Butler	Sr.	5-8	Fly/Free	Atlanta, GA (Westminster)
Shellene Catalano	Sr.	5-7	Breast/IM	Fresno, CA (Clovis West)
Kristabelle Daley	Sr.	5-6	Fly	Auburn, CA (Placer)
Kristen Fischer	Fr.	5-5	IM/Breast	Englewood, CO (Cherry Creek)
Jeana Fuccillo	Jr.	5-8	IM/Breast	Lebanon, IL (Althoff Catholic)
Shannon Hackett	So.	5-11	Free/Fly	Vancouver, BC (Collingwood School)
Jane Imagane	Jr.	5-4	Free/IM	Walnut, CA (Troy)
Courtney Iversen	Jr.	5-10	Back/IM	Centennial, CO (Cherry Creek)
Lindsay Jones	So.	5-8	Sprint/Free	San Clemente, CA (San Clemente)
Liz Keating	Sr.	5-8	Distance Free	Cincinnati, OH (St. Ursula Academy)
Erin Ketchum	Fr.*	5-5	Distance Free/Fly	Mission Viejo, CA (Capistrano Valley)
Isabel Miesner	Jr.	5-8	Fly/IM	Louisville, KY (DuPont Manual)
Katie Nelson	Jr.	5-10	Distance Free	Rancho Palos Verdes, CA (Peninsula)
Anna Poteete	Fr.	6-0	Sprint Free	Santa Cruz, CA (Harbor)
Eileen Seissen	Sr.	6-2	Breast	Atlanta, GA (Lakeside)
Madeleine Stanton	Fr.	5-8	Backstroke	Kingwood, TX (Kingwood)
Nicolette Teo	So.	5-8	Breast/IM	Singapore (Mission Viejo)
Amy Thurman	Jr.	5-10	Sprint Free/Fly	Orinda, CA (Miramonte)
Kim Vandenberg	Sr.	5-8	Fly/Sprint Free	Moraga, CA (Campolindo)
Katherine Wong	So.	5-7	Freestyle	San Mateo, CA (Aragon)
Chiemi Yamamoto	So.	5-3	IM/Breast	Fukuoka-shi, Japan (Shuyukan)

DIVERS

Name	Yr.	Ht.	Hometown (High School)
Amanda Blong	Sr.	5-2	Potomac, MD (Sidwell Friends School)
Sara Clark	Jr.*	5-5	Los Gatos, CA (Los Gatos)
Brittany Hill	Fr.	5-5	Cincinnati, OH (Indian Hill)
Gina Nuti	Fr.	5-8	Danville, CA (Carondelet)
Brittany Renfrow	So.	5-0	Bakersfield, CA (Centennial)
Marisa Samaniego	Fr.	5-5	Altadena, CA (Flintridge Sacred Heart Academy)
Tess Schofield	Fr.	5-10	Mission Viejo, CA (Mission Viejo)
Paige Thompson	Sr.	5-2	Phoenix, AZ (Mountain Pointe)

* 2004-05 Reshirt

Head Swimming Coach: Cyndi Gallagher, 18th Year (UCLA '83)

Head Diving Coach: Tom Stebbins, Eighth Year (Yale '96)

Assistant Swimming Coach: Erika Hansen, First Year (Texas '93)

Undergraduate Assistant: Malin Svahnstrom, Second Year

Staff Athletic Trainer: Mark Schoen

Student Trainers: Jessica Warman, Helen Chen

Strength & Conditioning Coaches: Troy Jorgensen (swimming), John Fussell (diving)

Massage Therapist: Dr. Brian Campbell

Academic Counselor: Linda Lassiter

Team Manager: Kirill Fayerman

:: SQUAD ANALYSIS ::

2004-2005 All-Americans Returning (6): Katie Arnold, Katie Nelson, Eileen Seissen, Nicolette Teo, Amy Thurman, Kim Vandenberg

Class Breakdown: Seniors (8), Juniors (8), Sophomores (6), Freshman (9)

State Breakdown: California (16), Colorado (2), Georgia (2), Arizona (1), Illinois (1), Kentucky (1), Maryland (2), Ohio (2), Texas (1)

Country Breakdown: Canada (1), Japan (1), Singapore (1).

:: PRONUNCIATION GUIDE ::

Jeana Fuccillo _____ foo-CHILL-o
 Jane Imagane _____ I-MAH-gah-nay
 Erin Ketchum _____ catch-em
 Isabel Miesner _____ Mees-ner
 Anna Poteete _____ on-ah
 Marisa Samaniego _____ sah-MuN-yego
 Tess Schofield _____ SKO-Field
 Chiemi Yamamoto _____ che-em-ee

With the return of all six of last year's All-Americans -- Katie Arnold, Katie Nelson, Eileen Seissen, Nicolette Teo, Amy Thurman and Kim Vandenberg -- the UCLA swimming and diving team is poised to make 2005-06 a banner year. Coupled with an impressive freshmen contingent, this year's team is a legitimate contender for the top spot in the Pac-10 Championships, and has all the firepower it needs to finish among the elite Top-10 at the NCAA Championships.

The Bruins have been there before. Under the leadership of Coach Cyndi Gallagher, UCLA has won the Pac-10 title twice in the last five years. No other team in this power-packed conference has ever broken Stanford's near monopoly. Aside from UCLA's two titles only Arizona has won even once.

The Bruins have also finished in the NCAA Top-10 nine times in Coach Gallagher's 17-year tenure. So when Gallagher says this year's team has all the tools it needs to make a mighty big splash this year, she speaks with authority.

Here's how the 2005-06 Bruins shape up:

Sprint Freestyle

Leading the way in the sprints are returning All-Americans Kim Vandenberg, Katie Arnold and Amy Thurman. Vandenberg and Arnold, who both competed in the 50-yard freestyle at last year's NCAA Championships and rank fourth (22.93) and sixth (22.98), all-time at UCLA respectively, will bring leadership to this group of swimmers. Freshman Anna Poteete, who placed seventh in the 50 free at the 2005 U.S.A. Summer Nationals, should make an immediate impact for the Bruins in the sprint relays.

Returning sophomores Katherine Wong and Lindsay Jones have continued to improve since their freshman campaigns and will add depth to the sprint events. Freshman Kristen Fischer, a very versatile swimmer, looks to be a valuable addition to the sprint group.

Middle Distance/Distance Freestyle

The distance group will feature both speed and depth. Returning All-American Katie Nelson, the school record-holder in the 1650 freestyle (16:07.15), made huge improvements during her time at UCLA. Now a junior, Nelson is primed for even bigger performances in 2005-06. Junior NCAA qualifier Jane Imagane also returns to bolster the distance corps and, coming off a great dual meet season last year, is on track to become an NCAA scorer in 2006.

Sophomore Shannon Hackett also returns after narrowly missing a spot in the NCAA Championships in 2005. Hackett has improved steadily since coming to Westwood and should be a breakout contributor to this year's squad.

Senior co-captain Liz Keating, who will provide

essential leadership for the Bruins, is also looking for a breakout year after her junior campaign in which she spent most of the season recovering from injuries suffered in an auto accident. The distance group will be further bolstered by redshirt freshman Erin Ketchum, who returns to the line-up after sitting out last season due to a shoulder injury that required surgery. Add in freshman Ellen Brooks, a standout distance swimmer from North Baltimore Aquatics (Michael Phelps' former team) and the Bruin distance group will be tough team to beat.

Butterfly

Senior Kim Vandenberg returns after a superb junior campaign in which she earned All-American honors, as well as a silver medal for the U.S.A. at the World University Games. Her continued improvement and success at the 2004 Olympic Trials, National Championships and World University Games will make her a top contender at the 2006 NCAA Championships.

Junior Katie Arnold showed her versatility at the U.S. Nationals last summer, scoring in the 100-meter butterfly and also qualifying for the 2008 U.S. Olympic Trials. She will continue to contribute valuable points to the fly group.

Beyond Vandenberg and Arnold, the Bruins' butterfly corps is both fast and deep. Seniors Kendall Butler and Krista Daley, and juniors Amy Thurman and Isabel Meisner were all very close to making the NCAA cuts last year. This season they look to take the next step and qualify for the collegiate championships. Shannon Hackett, who is making rapid improvements in the 200-yard fly, will also contribute to a dominating UCLA butterfly contingent.

Backstroke

Katie Arnold, the 2005 Pac-10 Champion, returns after gaining valuable experience at the national level, scoring at the U.S. World Championship Trials and the U.S.A. Swimming Summer Nationals in both the 100 and 200-meter backstroke events. Arnold, who placed eighth at last year's NCAA Championships, but whose winning time at the Pac-10s would have placed her third at NAAs, will definitely be in the hunt for her first national collegiate crown in the spring.

While Arnold has star power, the Bruin backstroke corps will be more than a one-woman show. Junior Courtney Iversen is ready to step up and contribute valuable points in the 200, while freshman Madeleine Stanton is expected to be a major contributor. Anna Poteete will add depth in the 100 backstroke.

Breaststroke

Bruins co-captain Eileen Seissen, a senior and NCAA qualifier has continued to improve every year at UCLA and will make the 50 and 100-yard breaststroke her specialties in her final season as a Bruin. With a much improved 200 breast, Seissen looks to add leadership to this group. After swimming for Singapore at the 2000 and 2004 Olympics and the 2005 World Championships, sophomore Nicolette Teo has

the international experience and maturity to complement her talent. The combination should take her to the next level, giving the Bruins a formidable one-two punch in the breaststroke events.

Senior Shellene Catalano and sophomore Chiemi Yamamoto also return to add depth to the breaststroke group. Catalano, who qualified for her first NCAA Championships last year, is on target to be a scorer this year. Junior Jeana Fuccillo, who just missed qualifying for the NCAA Championships in the 200, is coming off a great year of training and should have little trouble qualifying this season. Newcomer Kristen Fischer will also have an immediate impact in the 200 breast.

Individual Medley

Chiemi Yamamoto, an NCAA qualifier last season, had a successful summer campaign. After scoring at the U.S. Nationals in the 400 IM, she is poised to be an NCAA scorer this season. Jeana Fuccillo also returns as a powerful IM swimmer, along with Courtney Iversen, Isabel Miesner and freshman Kristen Fischer.

Relays

In the relays even more than the individual events, Bruin Pride is on the line. So it's not surprising that the Bruins look to be particularly strong in the relays, having the potential to score at the NAAs in all five events. With the addition of Anna Poteete, the sprint freestyle foursome of Kim Vandenberg, Katie Arnold, Amy Thurman and Poteete will be hard to beat. The medley relay team, featuring Arnold, Eileen Seissen, Vandenberg and Poteete, should be equally formidable. Kendall Butler, Shannon Hackett and Katie Nelson also return as the core of the Bruins' 800 Freestyle Relay.

Diving

The 2005-2006 UCLA Diving squad is the largest to date under Head Diving Coach Tom Stebbins. Seniors Paige Thompson and Amanda Blong headline this year's squad with support coming from junior Sara Clark and sophomore Brittany Renfrow. The squad will be bolstered by four freshmen in Westwood, as Marisa Samaniego, Tess Schofield, Brittany Hill, and Gina Nuti will compete for the Blue and Gold.

"Excitement, experience, and talent blend to give this year's team a very exciting look to it," said Stebbins. "Early on I am very pleased with the conditioning level of our returnees, and the ability of our newcomers to make changes. Our role is to act as support for our swimming team and do what we can to enhance those finishes throughout the year. My feeling is that we should be very successful in that regard this season."

This squad carries five athletes who competed at the 2005 US Diving Senior National Championships. Senior Paige Thompson returns for her final year of competition to lead the way for the Bruins after com-

peting in the Women's Three Meter event in North Carolina. "I am looking for Paige to not only re-establish herself as one of the country's elite, but to regain her Senior National Team form," said Stebbins. "After just missing an opportunity to compete last spring, I think we can look for big things to come from her during the course of this year."

Senior Amanda Blong is coming off of the most successful year of her career where she placed fourth at last year's Pac-10 Championship on One Meter and qualified for her first Senior Meet last summer (also on 1M). "Amanda is a critical cog to our machine," noted Stebbins. "We have lots of things we are looking to add. Her work ethic and strength are going to be a huge factor in her continued success."

Junior Sara Clark comes off of a sensational summer in the pool. "Sara is better than she has ever been and is three event threat come March. I couldn't be more proud to have her back in our program," quipped Stebbins (Clark redshirted last season). Sara returned in time to turn in some great performances during the summer of 2005, competing in three event finals at last summer's Senior Zone Meet (1M-9th, 3M-13th, PL-9th) and should be a definite contender in the conference.

Sophomore Brittany Renfrow returns after an impressive freshman campaign that culminated with her being named 2005 Pac-10 Newcomer of the Year. "Brittany is healthier than she has been in a long time and is really starting to find the explosive power of which she is capable. Brittany is only small in stature. She has great talent, great desire, and great work ethic and will be the keystone to our success during the year," states Stebbins. Renfrow spent most of last season preparing herself for the meets at the end of the year, and her ninth place finish at last April's US Open coupled with her sixth place finish at the Summer Nationals has vaulted her back into the national spotlight, a trend that will continue for Brittany during this season.

The four frosh bring an interesting mix to the group. Marisa Samaniego and Tess Schofield both competed at last summer's Senior National Championship where Marisa finished 19th on 3 Meter and Tess was eighth on the platform. "Misa and Tess will complement each other nicely." Brittany Hill comes to Westwood with some nice platform experience having placed 16th at last summer's Junior National Championship, while walk-on Gina Nuti joins the group with lots to contribute.

"As always, UCLA attracts the very best people into its hallowed halls," said Stebbins. "I am looking forward to working with each of them during the year, as we have a sensational mix of talent and drive. I am very excited to see it all click come the end of the year."



GALLAGHER QUICK FACTS

- 2003 and 1990 Pac-10 Coach of the Year
- Led UCLA to two Pac-10 team titles (2001, 2003)
- Has coached 19 Pac-10 Champions
- 2005, 1997 World University Games Assistant Coach
- 1995 Assistant Coach of US National Junior Team
- Member Advisory Coaching Staff for 1996 Olympic Games
- Member of the NCAA Championship Rules Committee

Regarded as one of the nation's top swimming coaches at both the collegiate and club levels, Cyndi Gallagher enters her 18th season as head coach of the UCLA Bruins having compiled an impressive won-loss record of 106-52-1. An intrinsic part of the UCLA athletic department for the past 25 years as a student-athlete, assistant coach and head coach, her dedication to UCLA swimming and diving and to her former and current athletes is unparalleled.

A 1983 graduate of UCLA, Gallagher had an illustrious career both as a school record holder for the Bruins and as a U.S.A. National Team member. Representing the United States in Europe, Japan and Australia, her National Team career was highlighted by winning a bronze medal in the 800-meter freestyle at the 1979 World University Games in Mexico City. She also competed at the 1976 and 1980 Olympic Trials.

For The Record

Gallagher is one of the few coaches in the nation who coaches at her alma mater. A successful student-athlete for UCLA, she garnered All-American honors, set several school records and earned recognition as the university's "Most Valuable Athlete." As a coach, she has attained an even higher level, coaching Olympians, NCAA national champions and many national team members, paving the way for women coaches in all sports.

During Gallagher's 17 years at the helm of UCLA women's swimming, the Bruins have finished among the top 20 at the NCAA Championships all 17 years and among the top- 15 in all but three years. In nine of her 17 seasons in Westwood, the team has finished among the nation's top-10.

High Expectations

Gallagher and her first-rate coaching staff have high expectations of their athletes, both in and out of the pool. These expectations, in turn, attract elite, intelligent, dedicated and well-rounded student-athletes.

Known for her strong work ethic and optimism, Gallagher leads by example. She inspires her athletes to believe in themselves and to follow their dreams, teaching them to be attentive to detail and to find a way to improve their swimming at every practice session. Gallagher also understands the importance of enjoying swimming and competing, and to embrace the process of becoming a great athlete. Part of being a successful collegiate athlete is learning how to balance all the requirements of being a student-athlete. Part of being a successful person

once outside of the swimming world, is learning to do the same. Gallagher believes you can achieve anything you set your mind to, as long as you have the preparation and perspective, and have the inner confidence in your abilities.

Gallagher also believes that teamwork and team unity are essential elements for success, citing them as key ingredients in the team's Pac-10 championship seasons of 2001 and 2003.

Excellence in the Water...

Producing Olympians is always among Gallagher's highest priorities. In 1996, she became one of the first female coaches to place an athlete on the U.S. Olympic team when Annette Salmeen qualified for the Atlanta Games in two events - the 200 fly, which she won at the Olympic Trials, and the 200 free. Salmeen, who had already become Gallagher's first national collegiate champion when she won the 200-yard fly at the NCAAs, went on to win Olympic gold as a member of the triumphant U.S.A. 800-meter freestyle relay.

Four years later, Gallagher placed another Bruin in the Olympics when Marilyn Chua, representing Malaysia, swam the 50-meter free at the Sydney Games. In 2000 and 2004, the Bruins' Malin Svahnstrom represented her native Sweden at the Games, swimming in the 800m freestyle relay both times and coming away with a silver medal.

In addition to the Olympics, Gallagher has also placed many UCLA swimmers on international teams, including the World University Games, the Goodwill Games, the Pan-American Games and the Pan-Pacific Championships. More than a dozen U.S. and foreign National A and B teams have also featured swimmers coached by Gallagher.

All told, Gallagher has coached more than 60 All-Americans in her 17 years as head coach, and she has made her mark on national and international U.S. coaching staffs as well. She served on the advisory coaching staff for the 1996 Atlanta Olympics and was selected as assistant coach at the 1997, 2001 and 2005 World University Games. She also served as assistant coach for the 1995 U.S. National Junior Team that competed in Paris, the 1994 U.S. National Distance Camp and the 1993 US Olympic Festival.

During Gallagher's tenure, UCLA swimmers have completely rewritten the school record book and 19 different Bruins have won at least one event at the Pac-10 Championships. But it's not just the crème de la crème who thrive under Gallagher's guidance. The NCAA qualifying standards are notoriously tough, but year after year Gallagher's NCAA squads boast among the highest number of participants at the NCAA Championships.

Gallagher is also proud of the composition of the team that qualifies for the NCAAs, a team that, more often than not, includes several "walk-ons" who have gone on to be NCAA All-Americans. Most recently, former walk-ons Bethany Goodwin and Kristen Lewis distinguished themselves by scoring at the NCAAs - Goodwin in the 100-yard fly, Lewis in both the 100 and 200-yard butterfly events. Goodwin went on to make several U.S. National teams and set a World University Games record while winning the 50 fly in Beijing in 2001.

...and in the Classroom

Gallagher's commitment to excellence in the classroom is shown in her student-athletes' many academic achievements. Exhibit A, of course, is NCAA Champion and Olympic gold medalist Annette Salmeen, who was named a Rhodes Scholar and also earned an NCAA Postgraduate Scholarship. Even while she was working on advanced graduate work at Oxford, Salmeen stayed involved in swimming as an elected Athlete Representative for U.S.A. Swimming.

More recently, Keiko Price, Brighed Dwyer and Kristen Lewis were also honored with coveted NCAA Postgraduate Scholarships; Katie Younglove was named a Verizon Academic All-American; and numerous Bruins have received Pac-10 All-Academic recognition. It's

no accident that the Bruin swimmers are consistently represented on the Athletic Director's Honor Roll, while year after year the team boasts the highest team grade point average among all Bruin teams (it is also higher than the average gpas for non-athletes).

Gallagher's ultimate goal in coaching is to have each athlete reach her full potential, both as an athlete and as a person. She is most proud of her former athletes for their accomplishments and contributions to society after graduating from UCLA. Gallagher's swimmers have

THE GALLAGHER LOG

Year	Overall	Pac-10	Conf. Finish	NCAA Finish
2004-05	6-3	3-3	4th	18th
2003-04	8-2	6-2	2nd	7th
2002-03	5-4	2-4	1st	11th
2001-02	9-5	2-5	5th	17th
2000-01	6-3	3-3	1st	15th
1999-2000	5-4	2-4	4th	8th
1998-99	6-4-1	1-4-1	5th	16th
1997-98	2-6	0-5	5th	13th
1996-97	6-3	2-3	5th	14th
1995-96	4-3	2-3	2nd	11th
1994-95	6-5	3-2	2nd	10th
1993-94	7-2	3-2	4th	7th
1992-93	7-1	4-1	2nd	7th
1991-92	6-2	3-2	2nd	6th
1990-91	7-2	3-2	3rd	5th
1989-90	7-2	3-2	3rd	5th
1988-89	9-1	4-1	3rd	T-6th

gone on to earn Masters degrees and PhD's to become successful teachers, lawyers, scientists, doctors, engineers, businesswomen, ministers and mothers.

Recent Years

2001: In 2001, Coach Gallagher's fired-up Bruins notched their first-ever Pac-10 team title when they upset favored Stanford as well as perennial challengers Arizona, Cal and USC.

That summer Bruin swimmers were successful on the international level as well, as Bethany Goodwin and Sara Platzer represented the United States at the World University Games in Beijing. Goodwin struck gold in the 50m butterfly, setting a new Games record of 27.18, as well as winning a silver medal in the 400m medley relay. Platzer just missed a medal by .01 in the 50m freestyle, placing fourth in 26.03. Gallagher was chosen to be on the coaching staff for the Games, but had to decline due to family commitments.

2002: In 2002, the Bruins qualified 12 swimmers for the NCAA Championships, one of the largest squads at the meet. Nine of those women earned All-America honors as Sara Platzer,

a five-event All-American that year, and Malin Svahnstrom, a four-event All-America led the way.

2003: The next year produced an impressive, record-breaking season for the Bruins, as Coach Gallagher led UCLA to its second Pac-10 title in three years. It was only the third time that a school other than Stanford had captured the conference title. Arizona had done it once, while Gallagher's Bruins had pulled off the feat twice. Coach Gallagher received Pac-10 Coach of the Year honors, while freshman Kim Vandenberg was named the Pac-10 Newcomer of the Year. At the NCAA Championships, the Bruins set



Coach John Wooden (center) with 1996 U.S. Olympian Annette Salmeen (top left) and UCLA head coach Cyndi Gallagher (top right).

new school records in the 400 and 800 free relays (3:19.77 and 7:14.76, respectively) and had nine All-Americans for the second consecutive year en route to an 11th-place finish.

In international competition, Sara Platzer represented the United States at the World University Games in Daegu, South Korea. Competing in the second WUG of her career, Platzer placed fourth in the 50m free in 25.97. At the FINA World Swimming Championships in Barcelona, Malin Svahnstrom swam the 200m IM and anchored Sweden's sixth-place 800m free relay.

2004: Coach Gallagher's Bruins enjoyed another successful campaign in 2004 as six of the team's 10 seniors qualified for the NCAA Championships - Leslie Hovsepian, Kristen Lewis, Jackie Lobdell, Sara Platzer, Malin Svahnstrom, and Naoko Watanabe. In all, 10 athletes earned All-American honors, 13 qualified for the NAAs and 10 qualified for the U.S. Olympic Trials. UCLA finished second at the Pac-10s, just behind Stanford.

In an Olympic year, the NAAs are swum in a 25-meter pool while most meets, including the Pac-10 Championships, utilize a 25-yard facility. With double the opportunity to set records and the added incentive of making the Olympic Trials cuts, the Bruins virtually rewrote the school record book: School records in 11 individual events and seven relays bit the dust. Ten of those marks were broken at the NCAA Championships, where the Bruins finished seventh overall.

During the summer of 2004, UCLA qualified 10 athletes for the U.S. Olympic Trials and sent Malin Svahnstrom to Athens representing her native Sweden. That summer also saw junior Kim

Vandenberg become UCLA's first U.S. national champion since Annette Salmeen in 1996, when she won the 200-meter butterfly, the same event Salmeen had won eight years earlier.

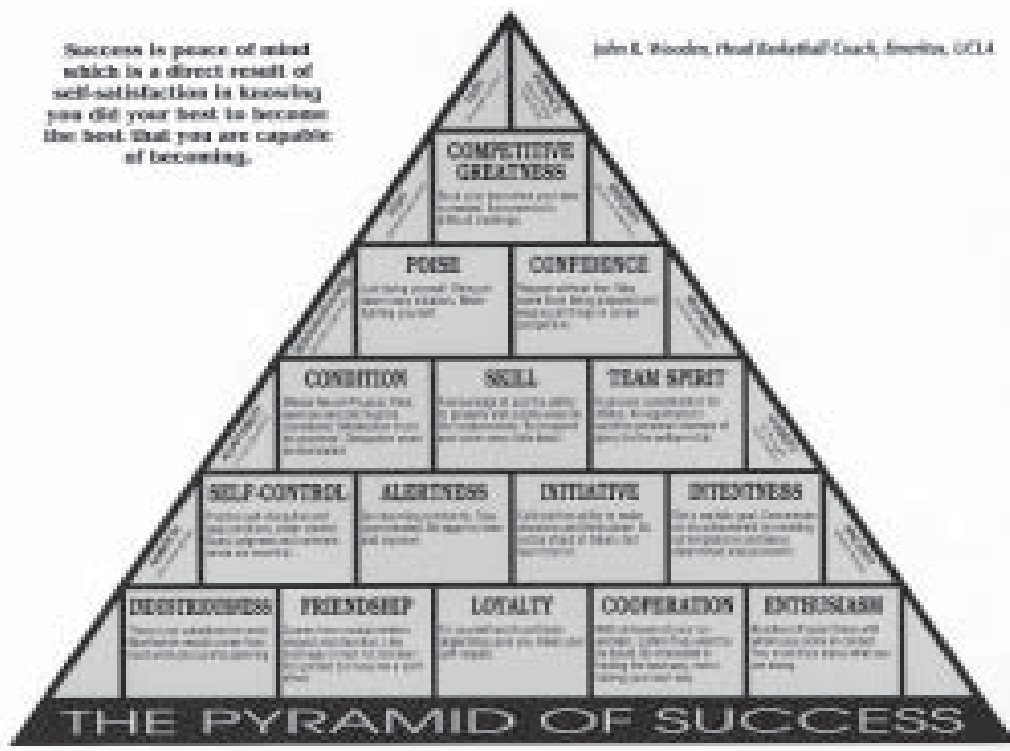
2005: The 2005 season produced another strong campaign for the Bruin natators, with six women garnering All-American honors: Katie Arnold, Katie Nelson, Eileen Seissen, Nicolette Teo, Amy Thurman and Kim Vandenberg. Vandenberg and Arnold both finished in the top-8 at NAAs, with Vandenberg placing third in the 200-yard butterfly (1:55.08) and Arnold finishing eighth in the 100 backstroke (54.30). At Pac-10s, Arnold won the 100 backstroke crown in a school record time of 53.22 seconds - which would have placed her third had she done it at NAAs. Vandenberg just missed taking an individual Pac-10 crown, finishing second in the 200 butterfly in a school record 1:54.99. Vandenberg also qualified for the World University Games, where Gallagher was chosen to serve as an Assistant Coach for Team U.S.A. At the Games, held in Izmir, Turkey, Vandenberg gave Olympic champion and world record-holder Otylia Jedrzejczak of Poland all she could handle. Vandenberg battled the Pole stroke-for-stroke through 200 meters, placing a very close second to the world champion in a lifetime-best 2:10.40.

Away from the Pool

Coach Gallagher's life away from the pool revolves around her family and friends. She has a 19-year-old daughter, Tori, a sophomore at the University of Colorado in Boulder. Gallagher resides on the beautiful beach of Marina del Rey.

John Wooden's Pyramid of Success

"I have tremendous respect for Coach Wooden and have learned so much from him and his 'Pyramid of Success,'" said UCLA head coach Cyndi Gallagher. "Every athlete on our team is given a 'Pyramid of Success.' We discuss, as a team, how each of the blocks can make us better athletes, better teammates and better people. Coach Wooden's philosophy is an inspiration to us as we strive to be the best we can be."





Erika Hansen comes to UCLA with seven years experience as an assistant coach. In 2004-2005 Hansen served one year as an assistant coach for the women and men's teams at the University of Maryland, where she helped coach the women to their first-ever ACC title. She also coached a first-time NCAA All-American, Elizabeth Lavell, and a first-time NCAA Championships competitor and ACC Championship High Point winner, Chrissy Miller.

From 1997 to 2003 Hansen served as an assistant coach at the University of Southern California, where she assisted in coaching many Olympians and national team members. These athletes included swimming greats, Lenny Krayzelburg, Lindsay Benko, Kaitlin Sandeno and Erik Vendt. Hansen also was a coach at

the Jordan, Jager and Evans Gold Medal Swim Clinics and served as a graduate assistant coach at the University of Florida from 1994-96.

2 Time Olympian and 5 Time National Champion

Hansen was a member of the U. S. Olympic Team in 1988 (400 IM) and 1992 (400/800 Free, 400 IM). She placed third in the consolation finals of the 400 IM in 1988 in Seoul. Four years later at the Barcelona Games, she placed fourth in the 400 freestyle, seventh in the 800 free and 10th in the 400 IM.

Hansen was also a five-time U.S. national champion, winning individual titles in 1984 in the 200 fly and 400 IM; in 1985 in the 400 IM; in 1990 in the 400 IM; and in 1991 in the 200 fly. Hansen still holds team records at the University of Texas in the 500 yd free (4:37.70), 400 yd IM (4:10.10) and 400m IM (4:40.80). Her 200m IM national age group record for 13-14 year olds (2:17.09) set in 1984, lasted for 11 years, while her 400m IM mark (4:45.58), set that same year, stood for 20 years and was only recently broken by Katie Hoff.

As a collegiate swimmer, Hansen spent her freshman year at the University of Georgia, where she won the 1650-yard freestyle (16:00.04) at the NCAA Championships and was Georgia's first NCAA Champion in women's swimming. After transferring to the University of Texas, she won another individual NCAA title – this time in the 500-yard free (4:37.73) – helping the Longhorns win two NCAA team championships. Hansen also earned the Longhorns' Most Improved Swimmer Award, was a Barbara Jordan Scholarship Award recipient in 1992 and was named the Southwestern Conference's Most Valuable Swimmer in 1991.

Hansen graduated from the University of Texas in 1993 with a degree in Psychology, and received her Masters degree in Sport Management from the University of Florida, where she also trained and coached.

"No Limits"

Hansen adds a vast reservoir of international swimming and coaching experience to the UCLA coaching corps, an addition that delights Coach Gallagher. "We are excited and very fortunate to have Erika as a member of our UCLA coaching staff," she said.

As a successful, experienced coach as well as a two-time Olympian and NCAA champion, Hansen's passion for winning and commitment to the sport inspires and motivates the Bruins.

"One of Erika's strengths as a coach is her ability to communicate her experiences as an elite athlete to the team. She understands the ups and downs through which athletes go in their careers. She also knows how to turn disappointments into challenges, and challenges into opportunities," said Coach Gallagher.

As a two-time Olympian and NCAA champion, Erika thinks differently than most people. She sees no limits - which is one reason why she was so successful as an athlete and has been successful as a coach and leader. Coach Gallagher sums it up: "Erika teaches the team how to think like a champion."

Hansen will assist in every aspect of coaching, recruiting and administrative duties.

"Our personalities complement each other well, on and off the deck," said Coach Gallagher. "We work together as a team to help each student-athlete reach her full potential and achieve her ultimate goals."



STEBBINS QUICK FACTS

- Coached 2004-05 Pac-10 Freshman of the year: Brittany Renfrow
- Coached Paige Thompson to a sixth-place finish at US Nationals and a spot on the US National Team
- Coached Two-time Bruin All American and school record holder Regan Gosnell to a 15th place finish at the U.S. Olympic Trials on the platform
- Helped coach the Bruins to the 2001 and 2003 Pac-10 Championship titles

Tom Stebbins enters his eighth season as the head coach of the UCLA women's diving team, a program that has had much success since his tenure in Westwood began.

Before coming to UCLA, Stebbins served as Head Coach at Fordham University, where he coached two-time senior national qualifier Paul Delo, who won two Atlantic-10 titles each on the one-meter and three-meter. Stebbins also helped coach Delo to an undefeated record in the 1996-97 season.

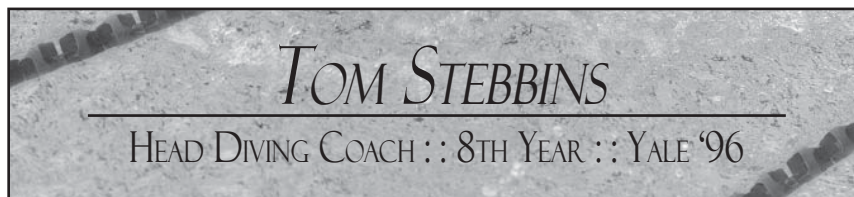
Coach Stebbins' Background

Stebbins was a four year letter-winner at Yale University, a three-time NCAA Zone qualifier and a four-time All-Ivy League selection. While diving at Yale, he helped lead his team to the 1993 Ivy League co-title. In 1996 he won the Heaton High Point Award and was named the recipient of the Phil Moriarty MVP Prize. Stebbins graduated from Yale in 1996 with a degree in Psychology. A native of Connecticut, he now resides in Westwood.

The Stebbins Philosophy

"Luck sits squarely at the intersection of hard work and opportunity."

Coach Stebbins believes that each person is



in total control of creating her own luck. The UCLA Diving program stresses the need for the individual to be accountable to herself, her teammates, her sport, and her studies. With all of the wonderful opportunities presented to student athletes at UCLA, it is important that each person know that she is responsible for the decisions and directions that she chooses. This is the beginning of a lifelong process in which the student athlete learns how to maximize herself academically, athletically, and socially. While the coaching staff hopes to steer this direction, it is the student athlete, herself, who ultimately controls the accelerator.

Coach Stebbins believes, "We are all very fortunate to be part of one of the greatest athletic programs in the country. How we choose to give back to that tradition should go well beyond the few moments each individual will spend competing in the Bruin Blue. Becoming a Bruin is just the beginning of a lifelong commitment to creating excellence in every facet of your life. As coaches, we are all here to enhance the early stages of that process, through our passion, dedication, and enthusiasm for the people whose lives we have the opportunity to touch.

On the Record

In his first season at UCLA, Stebbins guided sophomore Anne Baghrmian to the 1999 NCAA Championships and a third-place showing on the one-meter at the NCAA Zone E Diving Championships. That summer, he helped Baghrmian to a fourth-place finish at the U.S. Senior Zone D meet, which qualified her for her first U.S. Senior Nationals on three-meter. His first recruiting class included two Senior Nationals qualifiers: Regan Gosnell and Heidi Prosser.

Coach Stebbins' sophomore campaign was just as successful as his freshman season. He guided Gosnell to her third and fourth consecutive Senior National meet and her first Senior National semifinal. Just as in his first year, he recruited an exceptional group of divers, including a Junior Nationals finalist and a Senior Nationals qualifier.

In his third season at UCLA, Stebbins helped coach the Bruins to the 2001 Team Pac-10 Championship. He guided senior Anne Baghrmian to the NCAA Championships and a fourth-place finish on three-meter at the NCAA Zone E meet. Stebbins also coached Heidi Prosser and Regan Gosnell to the Senior National meet in the summer of 2001, where Gosnell finished in 12th place on the 10-meter platform.

In 2002, Stebbins 4th season, for the first time during his tenure at UCLA, all of Stebbins' divers qualified for the NCAA Zone Championships. At Zones, Heidi Prosser qualified for the NCAA Championships, where she placed 21st on the three-meter springboard.

Stebbins' fifth season at the Bruins' helm, 2003, was very successful. For the second consecutive year, all of his divers qualified for the NCAA Zone Championships. There, senior Regan Gosnell

placed fourth on the one-meter, fifth on three-meter and seventh on platform, qualifying for the NCAA Championships in all three events. At the NCAA Championships, Gosnell became Stebbins' first All-American diver, earning All-America recognition on platform (eighth) and three-meter (15th).

Three of Stebbins' divers found success at the 2003 Summer Nationals: Gosnell placed seventh on the platform. Janine Strack competed on platform, where she placed 28th. Paige Thompson, diving in her first Senior Nationals, advanced to the semifinals of the three-meter, placing 16th, and the quarterfinals of the one-meter, where she took 15th.

During the 2004 season, Stebbins coached sophomore Paige Thompson to an automatic berth at the NCAA Championships, where she finished 31st (3-meter) and 33rd (1-meter), respectively. Each of his divers finished in the top-16 at the Pac-10 Championships, helping the Bruins to a second-place conference finish.

In the summer of 2004, Stebbins coached Thompson to a sixth-place finish on three meter and a seventh-place finish on one meter at the U.S. Senior National Championships, earning her a spot on the Senior National Diving Team. He also coached Amanda Blong and Janine Strack to a sixth-place finish on the synchronized three-meter springboard at the Senior National Championships.

Also during the summer of '04, Stebbins led Regan Gosnell to a 15th place finish in the women's 10-meter platform event at the United States Diving Olympic Trials, held in St. Louis. Gosnell was the first female diver ever to represent UCLA at the Olympic Trials and the first Bruin to take part since the summer of 1988.

The 2004-05 season was another impressive year for the diving squad, as four divers qualified for the NCAA Zone E Championships and freshman Brittany Renfrow was named Pac-10 Newcomer of the Year.

The Bruin divers had five Top-10 finishes at the Zone meet, highlighted by Paige Thompson's seventh-place finish on the one-meter (520.55) and Amanda Blong's ninth-place finish on the three-meter (456.75). At Pac-10's, the divers posted six more top-10 performances: Blong (4th, 1M); Thompson (8th, 1M and 9th, 3M); Renfrow (8th, 3M); and Janine Strack (9th, Platform and 10th, 1M).

In the Spring of 2005, Renfrow showcased her enormous potential, placing 11th on the three-meter at the U.S. Open Championship in her first senior final as a Bruin. At the Senior National Championships, Renfrow placed sixth on the three-meter while Blong, co-captain in 2005-06, finished 13th and Thompson was 17th.

DR. BRIAN CAMPBELL

MASSAGE THERAPIST :: 5TH YEAR



Dr. Brian Campbell enters his fifth year as the Bruins' massage therapist.

Dr. Campbell has been a staff member with the U.S. swim team and most recently served as a chiropractor and massage therapist for the 2004 U.S. Olympic Swimming team in Athens, Greece and was with the U.S. team at the 2003 FINA World Swimming Championships in Barcelona, Spain. He also was on staff for the 2001 Goodwill Games

in Brisbane, Australia and the 2002 Pan Pacific Championships in Yokohama, Japan.

Prior to receiving his Doctor of Chiropractic from the Los Angeles College of Chiropractic, Campbell had 11 years of experience as a massage therapist. He was a master teacher at the Touch Therapy Institute, where he taught anatomy/physiology, ethics, sports massage, deep tissue massage, trigger point therapy and in-office massage. Dr. Campbell also directed the Institute's sports massage team.

In addition to working with the swimming and diving teams, he also attends to the UCLA gymnastics and tennis teams. He is a member of the USA Swimming Sports Medicine council and is currently completing his certification as a chiropractic sports physician.

MALIN SVAHNSTROM

UNDERGRADUATE ASSISTANT :: 2ND YEAR

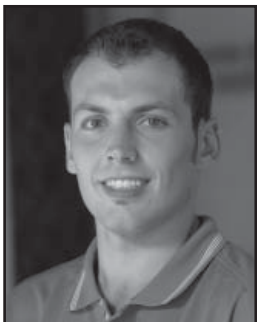


Malin Svahnstrom enters her second year as an undergraduate assistant for the Bruins. Svahnstrom ended her career as a 12-time All-American for UCLA, and is also a two-time Olympian for Sweden. In the 2004 Athens Olympics, Svahnstrom was part of the Swedish 800 Free Relay team that finished eighth overall. In the 2000 Sydney Games, she earned a bronze medal as a member of the 400 Free Relay team. Svahnstrom ended her career

with four UCLA school records: 200y Free (1:47.08), 200scm Free (1:59.05), 200y IM (1:59.58), 200scm IM (2:12.81) and was a member of six school record breaking relay teams. Svahnstrom was voted Outstanding Newcomer in 2002 and Most Valuable Swimmer for the Bruins in 2003.

KIRILL FAYERMAN

TEAM MANAGER :: 4TH YEAR



Kirill enters his fourth year as manager of the swimming and diving teams.

Fayerman competed on the varsity swim and water polo teams for Milken Community High School of Stephen Wise Temple. He also competed in the Macabbi Games, winning 12 medals (2-gold, 7-silver, 3-bronze) and was named Macabbi Games Outstanding Athlete in 1998. He was an assistant coach for the L.A. Delegation Macabbi swim

team in 2001. In 2003, he was an assistant coach for the Hollywood Swim Club -junior age group and in 2004, he became a co-head coach for the senior age group Hollywood Swim Club. He is a native of Russia and speaks fluent Russian. Kirill is majoring Business Economics with a minor in Accounting and has a GPA of above 3.5.

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The UCLA swimmers and divers would like to thank the Bruin Sharks for their support of the UCLA Bruin Swimming & Diving program. We know that without your support and contributions we would not be where we are today. Thank you!

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